

### Watford City - Vision Hockey 701 Skills & Games

\$70 - 2 hrs with Professional Hockey & Skating Coaches!

Have fun while developing hockey and skating skills! Questions: 701-426-5354 Sherry-Coordinator DAY 1 POWER SKATING SKILLS with professional skating coach, Tanya Fyfe, former pro figure skater and former power-skating coach for the Bismarck Bobcats and Hazen-Beulah HS Hockey. Learn edge control to gain maximum power with less effort, proper backwards, balance, speedy transitions, agility, power turns, explosive start-stops. DAY 2 HOCKEY SKILLS & BATTLE DRILLS with Coach Dean Stork, Univ of Jamestown Head Coach & MCH 2024 Coach of the Year. Focus on hockey sense, intensity & speed, defense, scoring opportunities, angling, small area battles.

Date	Day	Level	Hour	Time
	Tues-			
May 28-29	Wed	12U-14U-19U Girls	2	10:30 AM - 11:30 AM
	Tues-			
	Wed	Bantam-HS-Jr Gold Boys	2	11:45 AM - 12:45 PM
		Break		
	Tues-			
	Wed	PW	2	1:45 PM - 2:45 PM
	Tues-			
	Wed	Squirt-10U	2	3:00 PM - 4:00 PM
		Break		
	Tues-			
	Wed	Mites-8U	2	4:30 PM - 5:30 PM

## Professional Coaches & Small Groups



#### DEAN STORK

Coach Dean Stork is head hockey coach at University of Jamestown. 2024 MCH Coach of the Year! Coach Stork has coached professionally since 2006 with nine years experience coaching in the ECHL. He was the director of hockey operations at NCAA D1 Miami Ohio University. As a Defenseman, Stork played four years NCAA D1 hockey and 476 professional games in the ECHL and AHL. Coach Stork past awards include All Star Head Coach ECHL, Runner up Coach of the Year ECHL, and has coached 97 ECHL players promoted to the AHL, and 15 ECHL players to the NHL.

# **REGISTER HERE**

## VISIONHOCKEY701.COM

